



# Victoria Johnson

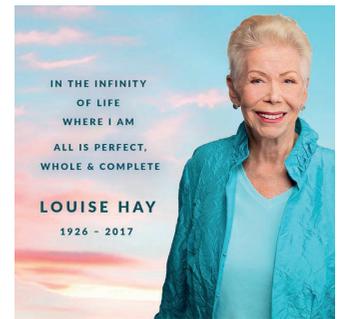
**#1 Amazon Best Selling Author**  
**Motivational Speaker / Success and Business Coach**  
**Heal Your Life® National Trainer**

Victoria has held many executive positions within corporate business as a consultant and is a successful entrepreneur.

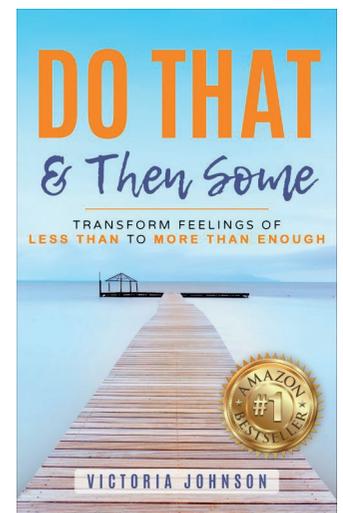
Her true passion has come from building three thriving businesses on the belief that empowering and helping others results in overall success for the organization. Her specialty is people – helping them to understand themselves more, and how to communicate more effectively with others.

You will find Victoria to be highly personable and relatable. She has a large social media following and reach. She is an influencer in her field and can often be found listed with the great teachers of our time.

As well as being an internationally certified business coach, Victoria is also certified to facilitate in depth business training for corporate leaders, employees and entrepreneurs alike. She has both studied and taught this work in Canada, the USA, India and the UK. Victoria has graduated from multiple coaching and team building programs. She has also recently released her Amazon Best Selling Book “Do That & Then Some”. Victoria’s writing is regularly featured in health and wellness magazines. She is truly an expert, and remains that way through continued professional development. Training and coaching business leaders allows Victoria to live within her passion.



Louise Hay, over 50 Million books sold, Founder of Hay House Publishing.  
Victoria Johnson Is The Heal Your Life® Teacher and Coach Trainer For Canada!



Do That & Then Some: Transform Feelings Of Less Than To More Than Enough By Victoria Johnson was released on January 2019 and was awarded an Amazon #1 Best Seller in 7 Categories!

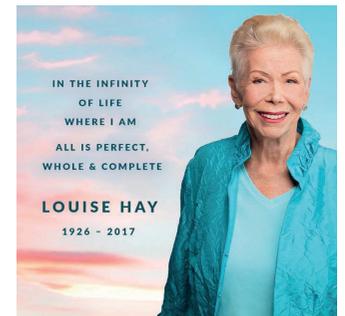
[www.VictoriaJohnson.org](http://www.VictoriaJohnson.org)  
[www.TheTraining.ca](http://www.TheTraining.ca)



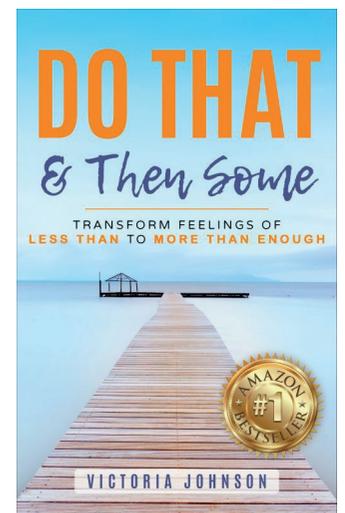
## Certifications and Achievements

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- **Professional Speaker** – from 20 to 20K Victoria thrives when she is connecting with people as a speaker/trainer.
- **Heal Your Life® Teacher Trainer & Coach Trainer** (1 of 23 worldwide) Instructs 2 week long trainings attended by people worldwide.
- **Managing Your Business with Heart and Mind Business Facilitator.**
- **Personality Dimensions® Facilitator** (Communications and Self-Actualization).
- **Internationally Certified Business Coach and Trainer** with clients worldwide (Heal Your Life® Coach and Trainer).
- **Certified Big Business Coach and Rapid Results Coach.**
- **Certified Addictions Counsellor.**
- **University training in Public Relations-Leadership** from the University of Victoria and **Economics** from the University of British Columbia.
- **Dale Carnegie graduate** specializing in Leadership and Coaching.
- **Multiple Franchise Owner** ranking #1 in sales worldwide for over 3 years.
- **Certified business coaching** available for entrepreneurs or management level executives.
- **Certified personal coaching** available for groups or individuals, including addictions counselling.



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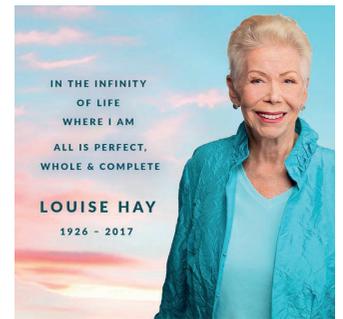
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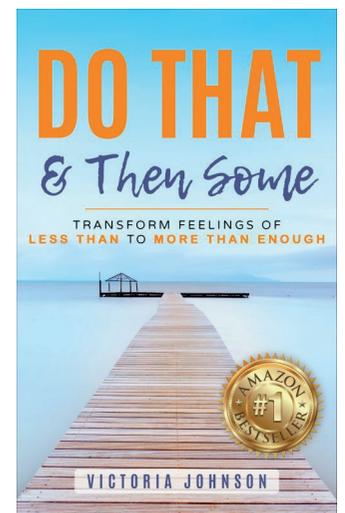
Are you looking for a motivational speaker, media guest, self-help / personal growth expert or a featured author? Victoria is committed to building synergistic partnerships with like-minded people and businesses. Contact us to see how we can work together.

## Victoria is available for:

- In person speaking engagements
- Workshops and seminars
- Online webinars and workshops
- Podcasts and live video interviews and events
- Magazine articles
- Guest posting for your blog or website
- Find out how to become a guest on Victoria's podcast "Heal Your Life Talk Radio Show"



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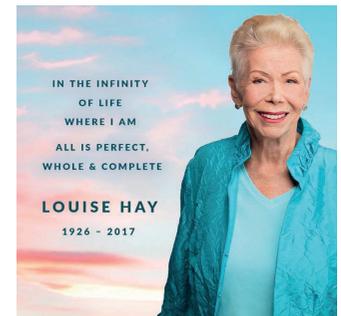
## Speaking / Training Topics

Victoria can create a custom workshop for you based on your needs or use some of her most popular speaking topics as listed below:

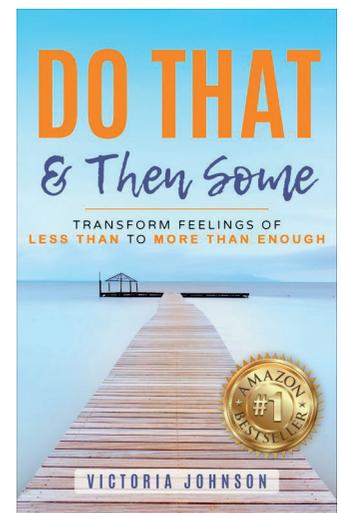
1. Transform Feelings of Less Than to More Than Enough. Workshops can be focused on topics such as: Health, relationships, your spiritual life your way, transform your passion into prosperity in your career and more. (1 hour to 3 hours)
2. Personal Development: Including such topics as – Reducing Stress from the Inside Out, The Power is Within You, Experience Your Best Life Now, How to Take Action Towards Your Goals, Deserve-ability, Relationships. (1 hour to 1 day)
3. Managing Conflict and Improving Communication - This can include Personality Dimensions Training. (1 hour to 4.5 hours)
4. Personality Dimensions for workplace teams, non profit groups, or any group looking to understand themselves more, improve their communication skills, and have a great time learning about why they are they way they are. (Min. 3.5 hours but prefer 1 day)
5. The Female Entrepreneur – Strategies for Mastering the Inner and Outer Game. (1 hour to 3 hour)

Additional Personal Development talks (30 mins to 1 hour)  
Suitable for Podcasts, Live Video and Facebook Live Events, and In Person Seminars and Workshops

1. Your Inner Child is a Superhero
2. Emotional Intelligence
3. Personal Transformation Mastery
4. Using Affirmations for Success
5. Mastering Your Psychology about Money
6. The Anatomy of Ambition
7. Overcoming Challenges
8. The Key to Happiness (Freedom in Forgiveness)



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*Victoria Johnson*  
Coaching & Training Academy

## Testimonials from Recent Events

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*"Victoria is an excellent leader, speaker, coach and trainer."*

*"You did amazing! You were funny, warm and knowledgeable. Such a wonderful day, it went by too fast."*

*"What an absolutely profound experience. Whether you want to pursue this as a career or for personal growth you NEED this training. You will not regret it."*

*"One of the best and most personable trainings I've ever had."*

*"I had forgotten how much LOVE is in me. This training has re-awakened my TRUE SELF."*

*"An amazing, beautiful way of healing and connecting with other wonderful souls."*

*"I am forever changed and grateful for the love, support, and encouragement."*

*"This workshop was transformational. I can't wait to share this with as many people as I can."*

*"It truly was an amazing learning session where I discovered the many layers of myself, and found that I do love myself."*

*"Thank you Victoria, your workshop completely transformed my life!"*

*"Victoria is a warm and loving coach who encourages others to be more."*

*"Victoria taught me that loving unconditionally starts with loving yourself first."*

*"Victoria's training was exceptional, thank you so much for the wisdom and experiences you shared."*

*"Your workshop opened my eyes, I will treasure this experience for the rest of my life."*

*"Victoria's knowledge and enthusiasm to deliver the material in the workshop was beautiful."*

*"Victoria is the most beautiful teacher, I am so blessed to be part of her training."*



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Coaching & Training Academy

## Amazon Reviews, Do That and Then Some: Transform Feelings of Less Than to More Than Enough

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*"I have enjoyed reading this book. The author reveals her own struggles in life which she so masterfully overcame. She provides specific tools for the readers to overcome the adversities in their lives and to live a life of freedom from fears, guilt, shame and resentments. She draws a clear map for achieving one's full potential with optimism and joy. This is a book of victory. The author's name, Victoria, is truly her omen. Such an inspirational book!" Jelena Bankovic, Ph.D.*

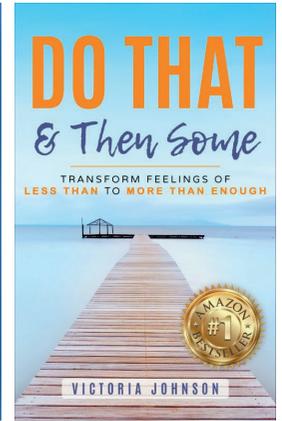
*"The author really opens up her heart and talks about the adversities in her life, that will probably hit home for many of us. However, unlike many other books, she also shares powerful exercises on how to get through these issues."*

*"I loved her instructions on overcoming our limiting beliefs which we acquire throughout our lives without even knowing it. This is a true how to heal yourself on the inside book."*

*"This book is extremely well written. I enjoyed the stories that I myself can relate too. The exercises in the book have been helpful in my growth. I highly recommend this book to anyone wanting to grow and develop the self."*

*"This was a fabulous read. It is written in a style that is matter of fact and easy to understand, and yet is packed full of wisdom that can be applied to every day life! I definitely suggest reading this if you are looking for some real world, down to earth, writing that can help you to change your life!"*

*"Victoria writes authentically, straight from the heart. Her sharing in such a deep and personal way propels me forward, page-by-page! This book is not only highly informative, it is an invaluable resource. Her courage to share her personal story lights the way for us all to embrace our own story and bring it to the light! This is truly, "the and then some."*



## Victoria Johnson Featured Videos, Podcasts, Social Media and Contact Information

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 [www.VictoriaJohnson.org](http://www.VictoriaJohnson.org)

 [www.TheTraining.ca](http://www.TheTraining.ca)

 <https://www.facebook.com/healyourlifetraining/>

 <https://www.instagram.com/healyourlifecanada/>

 <https://www.youtube.com/channel/UCqh5FoHKxQyhIsXwleB4BVw?>

Featured Video: <https://youtu.be/k5XvKat8DBw>

 Podcast Series: <https://open.spotify.com/show/5kjfhISQcuxufvSMj6UrJR>

 Do That & Then Some On Amazon:

<https://www.amazon.com/Do-That-Then-Some-Transform-ebook/dp/B07M7LM9TD/>

Featured Video For “Do That & Then Some”: <https://youtu.be/0q9tA6lNzpw>

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## Contact Information

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